# ENDOMETRIOSIS HEALTH PROFILE QUESTIONNAIRE (EHP-30)

## **CORE QUESTIONNAIRE**

### **DURING THE LAST 4 WEEKS**

HOW OFTEN, BECAUSE OF YOUR ENDOMETRIOSIS, HAVE YOU...

		Never	Rarely	Sometime s	Often	Always
1.	Been unable to go to social events because of the pain?					
2.	Been unable to do jobs around the home because of the pain?					
3.	Found it difficult to stand because of the pain?					
4.	Found it difficult to sit because of the pain?					
5.	Found it difficult to walk because of the pain?					
6.	Found it difficult to exercise or do the leisure activities you would like to do because of the pain?					
7.	Lost your appetite and/or been unable to eat because of the pain?					

It is suggested that you complete this section before moving onto the next page

#### **DURING THE LAST 4 WEEKS**

## HOW OFTEN, BECAUSE OF YOUR ENDOMETRIOSIS, HAVE YOU...

		Never	Rarely	Sometime s	Often	Always
8.	Been unable to sleep properly because of the pain?					
9.	Had to go to bed/lie down because of the pain?					
10.	Been unable to do the things you want to do because of the pain?					
11.	Felt unable to cope with the pain?					
12.	Generally felt unwell?					
13.	Felt frustrated because your symptoms are not getting better?					
14.	Felt frustrated because you are not able to control your symptoms?					

It is suggested that you complete this section before moving onto the next page

#### **DURING THE LAST 4 WEEKS**

## HOW OFTEN, BECAUSE OF YOUR ENDOMETRIOSIS, HAVE YOU...

		Never	Rarely	Sometime s	Often	Always
15.	Felt unable to forget your symptoms?					
16.	Felt as though your symptoms are ruling your life?					
17.	Felt your symptoms are taking away your life?					
18.	Felt depressed?					
19.	Felt weepy/tearful?					
20.	Felt miserable?					
21.	Had mood swings?					
22.	Felt bad tempered or short tempered?					

It is suggested that you complete this section before moving onto the next page

### **DURING THE LAST 4 WEEKS**

## HOW OFTEN, BECAUSE OF YOUR ENDOMETRIOSIS, HAVE YOU...

		Never	Rarely	Sometime s	Often	Always
23.	Felt violent or aggressive?					
24.	Felt unable to tell people how you feel?					
25.	Felt others do not understand what you are going through?					
26.	Felt as though others think you are moaning?					
27.	Felt alone?					
28.	Felt frustrated as you cannot always wear the clothes you would choose?					
29.	Felt your appearance has been affected?					
30.	Lacked confidence?					